

# Overview of Services

## **Applied Behavior Analysis (ABA) Therapy for Autism Spectrum Disorder**

Aspire Autism is dedicated to individualized treatment for children impacted by Autism Spectrum Disorder (ASD). ABA Therapy is the application of the principles of behavior to make socially significant changes in the lives of patients and their families. By observing, interacting and analyzing kids in everyday settings, we seek to understand how they learn and what motivates or triggers certain behaviors. Aspire Autism uses scientifically-proven, evidence-based teaching strategies with an emphasis on remediating the core deficits of autism. Goals address increasing social & communication skills, socially appropriate behaviors, and functional life skills.

## **ABA Services**

ABA Therapy ranges from consultation basis to 40 hours a week. Hours are determined with a written order for services, and a thorough intake and assessment conducted by a Board Certified Behavior Analyst (BCBA®). The BCBA will complete a Functional Behavior Assessment (FBA) which provides information about potential functions of challenging behaviors. ABA seeks to identify core deficits of autism that are barriers to learning. Services are provided by leading Registered Behavior Technicians (RBT®), and overseen by a BCBA. Family training is also provided to reinforce learning. Treatment plans are updated regularly based on analyzed data.

## **Insurance**

Comprehensive and focused ABA treatment are covered by Medicaid and Private insurers.

## **ABA Benefits**

- Language & Communication Skills
- Reduce Learning Barriers
- Social & Group Skills
- Intensive Toilet Training
- Daily Living Skills
- Safety Skills
- Enhanced Caregiver Support



## **Service Criteria**

- Formal Diagnosis for Autism Spectrum Disorder (ASD) from a Qualified Medical Professional
- Written Order for ABA Therapy
- Children up to age 21
- Family must have a responsible adult home during all sessions
- Group ABA Therapy, center-based & school-based services coming in 2021, join the wait list!